

Life Saving Courses 2021

The Royal Life Saving Society – Malta Branch, founded in 1924, is a member of the Royal Life Saving Society Commonwealth and its awards are internationally recognised.

RLSS Malta Branch as in the past intends holding lifesaving courses during the summer months. The success of these courses depends to a great extent on their organization.

Please send all names (and other particulars including *date of birth*) *of those who intend to participate in these courses to the **Hon. Secretary** (e-mail: rlssmaltabranch@gmail.com) or **Training Officer** (e-mail: agatha.zahra@gmail.com) by not later than the **25th June 2021**.

Acceptance is on a ‘first come’ bases. Late applications will be considered if vacancies in the courses are still available. The courses are usually held on Mondays and Wednesdays but if felt necessary also on a Friday – no training is usually held on weekends. The sessions are held around 3.30 – 4.00pm. Training starts in early July. The lower awards require about four to six practical sessions whilst the higher awards need approximately six to eight sessions of training - this all depends on the ability of the candidate and his/her regular attendance. The Society holds the right to cancel any of its courses or change time and/or days of instruction without notice.

Kindly note that the following conditions are binding for all those who apply:

- a. All candidates are good swimmers.
- b. All female candidates must perform all water work in a one-piece swimming costume or wear a T-shirt on their bathing costume if the latter is not available.
- c. Clubs, associations, schools - large groups are required to be accompanied in **all sessions** by a group leader who is a good swimmer and is willing to help during the training sessions.
- d. It should be made clear to those who apply that they make it a point to attend for instructions as specified in the course programme otherwise they might be taking the place of others who wish to learn lifesaving but could not be accepted because the course was full to capacity.

Tuition is free of charge though a donation of 10.00 Euros and the initial award fee** (candidates can gain more than one award during the course) are collected on the first session from each applicant. The donation helps to somewhat ease the expenses involved. Awards are valid for 24 months.

E. Dimech Ghirxi – Hon. Branch Sec. RLSS Malta.

*All personal information provided is kept confidential and will be used in accordance with the Provisions of the Data Protection Act.

** Award fees vary – depending on the award gained.