

The Royal Lifesaving Society – Malta Branch

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Life Saving Courses 2010

The RLSS Malta Branch as in the past intends holding life saving courses during the summer months. The success of these courses depends to a great extent on their organization.

Please send all names (and other particulars including *date of birth*) *of those who intend to participate in these courses to the **Hon.Secretary** or **Training Officer** (e-mail: agatha.zahra@gmail.com) by not later than the **5th. May 2010.**

Acceptance is on a 'first come' bases. Late applications will only be considered if there are still vacancies in any of the courses organized. The courses are usually held on alternate days and no instruction is carried out on weekends. The sessions are held around 3.30pm. Training starts in the first week of July. The lower awards require from three to four weeks of practice whilst the higher awards need from four to five weeks. The Society holds the right to cancel any of its courses or change time and/or days of instruction without notice.

Kindly note that the following conditions are binding for all those who apply:

- a. All candidates are good swimmers.
- b. All female candidates must perform all water work in a one-piece swimming costume or wear a T-shirt on their bathing costume if the latter is not available.
- c. Clubs, associations, schools - large groups are required to be accompanied **in all sessions** by a group leader who is a good swimmer and is willing to help during the training sessions. His/her name and address is to be sent with the list of candidates applying for the courses.
- d. It should be made clear to those who apply that they make it a point to attend for instructions as specified in the course programme otherwise they might be taking the place of others who wish to learn life saving but could not be accepted because the course was full to capacity.

Tuition is free of charge though a donation of 5.00 Euros and the initial award fee** (candidates can gain more than one award during the course) are collected on the first session from each applicant. The donation helps to somewhat ease the expenses involved. Awards are valid for 24 months, but for the higher awards (bronze medallion, etc.), renewal of the award is possible for three (3) consecutive times through an examination as for the respective award, gaining a certificate which is valid for 24 months each time.

A.Cauchì.

Hon.Branch Sec.RLSS Malta.

*All personal information provided is kept confidential and will be used in accordance with the Provisions of the Data Protection Act.

** Award fees vary – depending on the award gained.